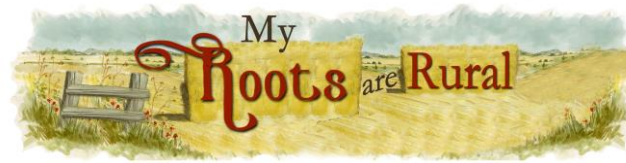


NOVEMBER 2016



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 Breakfast: Scrambled Eggs & Chocolate Chip Dinner: Hot Dogs, Mac & Cheese & Green	2 Breakfast: Waffles, Sausage & Fried Eggs Dinner: Leftovers	3 Breakfast: Cereal or Oatmeal & Yogurt Dinner: Pizza & Cheesy Bread Sticks	4 Breakfast: French Toast & Bacon Dinner: Kalua Pork, Rice, & Peas	5 Breakfast: Dutch Pancakes & Pears Dinner: Spaghetti & Salad
6 Breakfast: Omlete Breakfast Bites Dinner: Halibut Chowder & Rolls	7 Breakfast: Pancakes, Bacon & Fried Eggs Dinner: Fried Chicken, Potatoe Salad, &	8 Breakfast: Scrambled Eggs & Cinnamon Rolls Dinner: Tacos/Nachos & Chips	9 Breakfast: Waffles, Sausage & Fried Eggs Dinner: Leftovers	10 Breakfast: Cereal or Oatmeal & Yogurt Dinner: Pork Roast,, Rice & Broccoli w/cheese	11 Breakfast: French Toast & Bacon Dinner: Befy Noodle Cassarole,	12 Breakfast: Dutch Pancakes & Pears Dinner: Halibut Strips & Salad
13 Breakfast: Ham, Egg & Cheese Breakfast Braid Dinner: Meatloaf, Potatoes & Salad	14 Breakfast: Pancakes, Bacon & Fried Eggs Dinner: Smoothered Baked Chicken Burritos &	15 Breakfast: Scrambled Eggs & Apple Muffins Dinner: One Pot Lasagna Soup	16 Breakfast: Waffles, Sausage & Fried Eggs Dinner: Leftovers	17 Breakfast: Cereal or Oatmeal & Yogurt Dinner: Slow Cooker Salsbury Steak,	18 Breakfast: French Toast & Bacon Dinner: Ham Pot Pie & Salad	19 Breakfast: Dutch Pancakes & Pears Dinner: Beef Roast, Rice & Green Beans
20 Breakfast: Biscuits & Scrambled Eggs Dinner: French Dip, Salad & Fries	21 Breakfast: Pancakes, Bacon & Fried Eggs Dinner: Sloppy Joe Mac & Cheese & Salad	22 Breakfast: Scrambled Eggs & Pumpkin Muffins Dinner: Baked Halibut, Rice & Broccoli	23 Breakfast: Waffles, Sausage & Fried Eggs Dinner: Leftovers	24 Breakfast: Scrambled Eggs & Cinnamon Rolls Dinner: Turkey, Mashed Potatoes, Green Beans, Deviled Eggs, Vinegar Cucumbers, Jello Salad, & Stuffing	25 Breakfast: French Toast & Bacon Dinner: Leftovers	26 Breakfast: Dutch Pancakes & Pears Dinner: Patty Melt, Fries & Salad
27 Breakfast: Breakfast Burrito Dinner: Chicken Noodle Soup & Rolls	28 Breakfast: Pancakes, Bacon & Fried Eggs Dinner: Hot Dogs, Mac & Cheese & Carrots	29 Breakfast: Scrambled Eggs & Old Fashioned Dinner: Meatballs, Parmesen Garlic	30 Breakfast: Waffles, Sausage & Fried Eggs Dinner: Leftovers	Thanksgiving		

SPECIAL TREATS
Chocolate Chip Cookies Brownie Cookies
Snickerdoodles Apple Pie Bars
Peanut Butter Cookies Pumpkin Cookies
Apple Amber Pie Cupcakes w/ Chocolate Frosting
No Churn Icecream Chocolate Pound Cake w/ Ganache